

ATTENTION LOCAL 881 MEMBERS:

COMPLETE the *WellConnected* wellness program steps by **November 20, 2017** for maximum savings on your 2018 medical plan contribution.

WellConnected 2018



STEP 1: COMPLETE HEALTH QUALIFICATION FORM (HQF)

Visit Your Doctor

Make an appointment with your doctor, once your HQF form is completed by your doctor, **send the completed HQF to Blue Cross of Idaho**. Follow the submission directions on the HQF.

OR

Visit a Company-Owned Pharmacy

You can visit a company-owned pharmacy to complete your HQF. **The pharmacy will send the results directly to Blue Cross of Idaho.**

To Schedule your Health Screening: Sign into HR Self Service Portal (MIO/MSS) and click on the *WellConnected* link under the *News For You* section. Then click on the link at the bottom of the *WellConnected* Program Page that says "*To schedule a Health Screening*", go to online clinical scheduler: <https://swy.reportsonline.com/swysched/program/program1369>." You can also call 1-877-728-6655 to check on availability and to schedule a screening with a local pharmacist.

STEP 2: COMPLETE ONLINE PERSONAL HEALTH ASSESSMENT (PHA)

Visit members.bcidaho.com, log in or register for your online member account and select the *WellConnected* logo to get started and complete the online Personal Health Assessment.

QUESTIONS? Call the Blue Cross of Idaho Customer Service Department at **855-230-6859** or email customerservice@bcidaho.com.

For questions about your weekly contribution rate, please contact the Associate Contact Center (ACC) at **800-969-9688**.

it's that
EASY!



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