

ATTENTION LOCAL 881 MEMBERS:



COMPLETE the *WellConnected* wellness program steps by **November 15, 2018** for maximum savings on your 2019 medical plan contribution.

WellConnected 2019

STEP 1:

MAKE AN APPOINTMENT WITH YOUR DOCTOR AND FILL OUT THE HEALTH QUALIFICATION FORM (HQF)

Complete the form with your doctor to evaluate your health in five key areas.

STEP 2:

SEND THE COMPLETED HQF TO BLUE CROSS OF IDAHO

Follow the directions on the HQF to submit it.



STEP 3:

COMPLETE AN ONLINE PERSONAL HEALTH ASSESSMENT (PHA)

Visit members.bcidaho.com, log in or register for your online member account and select the WellConnected logo to get started and complete the online Personal Health Assessment.

QUESTIONS?

Call the Blue Cross of Idaho Customer Service Department at **855-230-6859** or email customerservice@bcidaho.com.



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A small logo for GCO/IBT 168L, consisting of the text "GCO/IBT" in a circle above "168L".
www.local881ufcw.org